



LOU LOU'S

LUNCH MENU

(Served from 11am to 3pm)

BREAKFAST

- **OMELETTE:** any two items of your choice included at no extra charge:
Mushroom – Bacon – Tomato – Cheddar – Avo
- **EGGS BENEDICT:** toasted muffin, 2 poached eggs, homemade hollandaise sauce.
One item of your choice included at no extra charge:
Mushroom or Bacon (Extra Salmon)
- **AVO SMASH:** 2 poached eggs, charred tomatoes, rocket on toasted bread

STARTERS

- **ARANCINI:** mushroom and truffle risotto balls on a creamy parmesan sauce
- **SEARED SPICED TUNA:** rolled in 7 spices, thinly sliced with a lime mayo
- **STEAMED EDAMAME BEANS:** with Togarashi salt
- **PORK BELLY:** with egg fried rice, hoisin & ginger dressing
- **BEEF CARPACCIO:** with parmesan shavings, rocket, capers & crostini
- **SPICY CHICKEN LIVERS:** with chorizo, cooked in a secret homemade sauce
- **PRAWN TOAST:** with miso mayonnaise
- **TRIO OF DIPS AND FOCACCIA:** hummus, tzastiki, aubergines & olives
- **CRUMBED MUSHROOMS:** exotic wild mushrooms with a curry aioli

MAINS

- **SOUP OF THE DAY:** kindly inquire with your waitron
- **PENNE ARRABBIATA:** napolitana sauce, olives, chili, garlic, parsley
- **ORECCHIETTE PASTA ALLA RUSTICA:** bacon, mushroom, edamame beans & cream
- **RIGATONI VESUVIO:** whole peeled tomatoes sauce, provolone piccante, chili & basil
- **CHICKEN SCHNITZEL:** served with a Dijon mustard sauce
- **GRILLED CHICKEN SCALOPPINE:** rocket, tomatoes, grilled corn, feta, olives & potatoes
- **CHICKEN CAESER SALAD:** cos lettuce, egg, parmesan shavings, croutons with a parmesan & anchovy dressing. Add extra Bacon or Avo
- **PEASANT SALAD:** avo, lettuce, tomatoes, olives, cucumber, onions.
Add extra Feta or Chicken Livers
- **CHEESE BURGER:** beef patty, cheddar, lettuce, tomato & marie sauce.
Add extra Bacon, Avo or Fries
- **PREGO ROLL:** traditional Prego with a homemade Portuguese sauce
- **BAKED PARMIGIANA:** layers of grilled aubergines, napolitana sauce, mozzarella, pecorino romano and basil

SIDES: Truffle French Fries - Garden Salad - Sautéed Tender Stem Vegetables – Sweet Potato Fries